

11 - Endometriosis, Fibroids, Cysts, Blocked Tubes

Please see the eBook in this package [Endometriosis a Woman's Body's Cry For Help](#).

It may be that you have skipped straight to this chapter – I strongly suggest that you take the time to explore the background, as you will be very surprised how much ELSE that is happening to you is interwoven – and how easy it is to change. Especially the chapter before – as the Blood energy being Deficient, Stuck or Hot is going to give you the combination of all that you think is who you are, and seemingly stuck within. Taking pills to MAKE your body behave/ovulate as a last ditch effort to make babies before IVF is not only a very disrespectful way to treat your body – it may also not work. You need to clear why these things are happening.

Your body is not working properly because it can't. Forcing hormones into it will only mess around further with what is going on internally.

This means changing a lot of apparently unrelated things – like what you are eating and drinking and doing with yourself. Your body is totally at the whim of what you eat/do to make yourself 'feel' better. Often this is a long way from what is needed.

Beginning with an understanding of *what sets your life up*, and why bleeding happens will make this section a lot easier to read. I have not started this eBook from where all are familiar – it is about what to do to change why it is there . . .and this means understanding that HORMONES are not a trouble - and that being a woman is normal and periods are not a disease to be cured.

The above medical names for indications for entire body problems – all of you is upset not just your gynaecological system. Western orthodox medicine may have only limited success in trying to control the symptoms of this as it is not looking at you as a whole unit – just the 'problem' that you have monthly. Not addressing why it is there means it keeps on reappearing. In times past women knew the plants and remedies to do it for themselves and their daughters. Possibly 'hormones' are controlled by something else.

Endometriosis

This may be present with or without pain. It may be only found during an investigation as to why babies are not appearing. As with PCOS, getting to the root of why the body is working strangely (*Stuck Liver Blood*) and undoing that rather than attempting to remove the physical results is the only real life solution.

Seeing this problem in energy terms rather than the mechanical/structural is as helpful as it is with anything 'wrong' in the body. Why IS the endometriosis there? Arguing 'hormones', as though they are independent of the life she has/is leading is remarkably ineffective. It is the focus within a disease model of 'health'.

Traditional medicines of have all been assisting women with their cycles throughout human history. Gentle and effective means of ministering to all period disruptions happens along with life style changes. All women know that when they/their lives are really upset, their periods respond in kind. There is something very trusting and childlike in handing over bleeding issues. In expecting someone in apparent authority to give a magic pill to make it all better.

It may be argued that the very first period was dreadful and they have always been so.

This means that something 'broke' her before the periods started – and looking to the Heat diagram – and the *Deficient Blood* and *Stuck Liver Qi* ones - it can be seen that the girl was heading in this direction – often since birth.

Even if there was no inappropriate sexual interventions there are always things that happen to upset the perceptions and what the being expects – and from here – the whole inner story can then alter how the body is able to function.

Perhaps look to hormonal disruption section found in the [Menstrual Rescue](#) eBook.